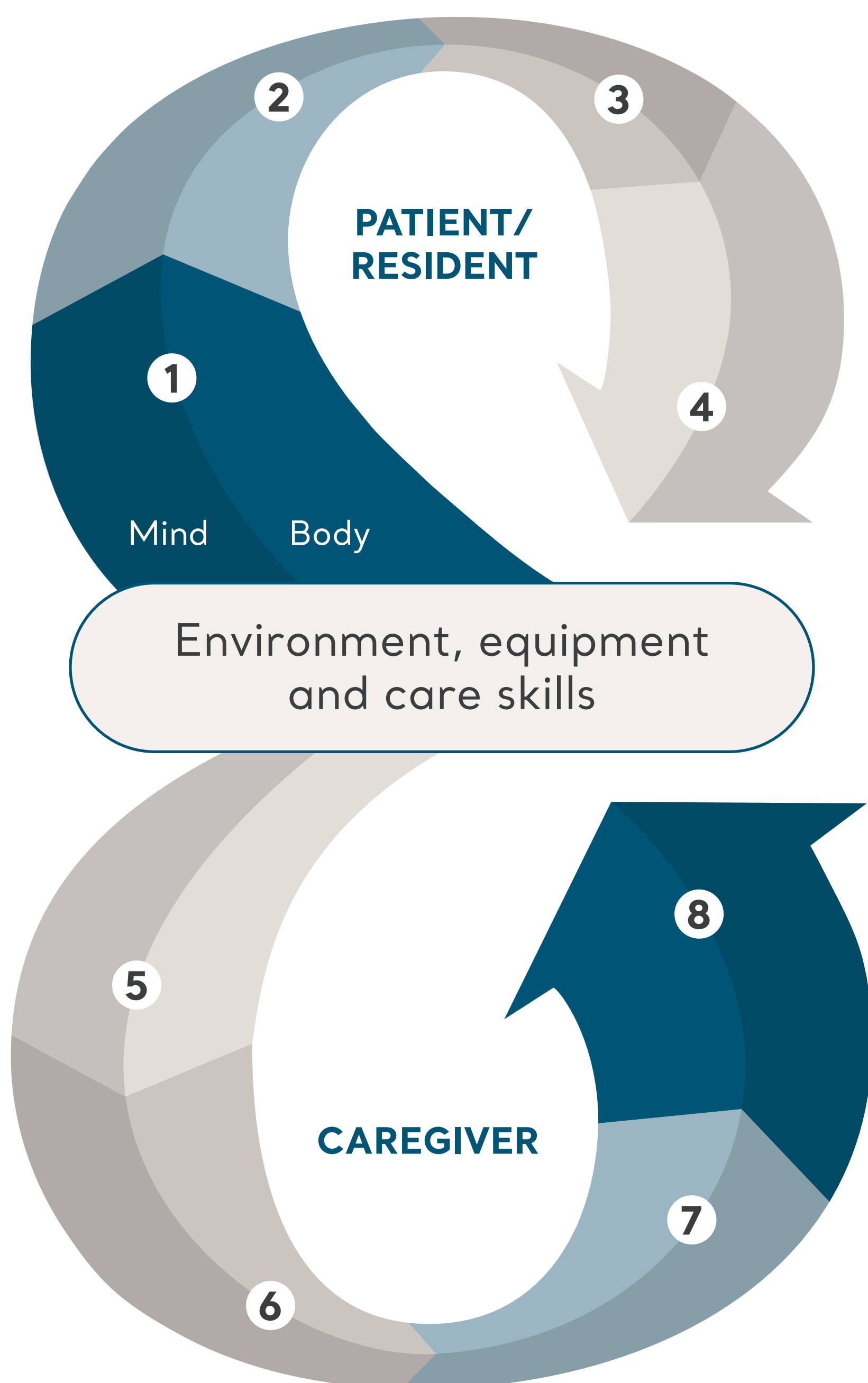


Positive Eight philosophy

The right **environment, equipment and care skills** need to be in place to allow the benefits of the Positive Eight to flow



- ① **Mobility**
Stimulating and maintaining mobility
- ② **Improved vital functions**
Stimulating vital bodily functions such as heart, lungs, circulation, bone and muscle structure
- ③ **Reduced consequences of immobility**
Minimising the risk of costly health complications, both physical and psychological
- ④ **Quality of life**
Helping to improve confidence, independence, recovery times, and overall quality of life
- ⑤ **Reduced need for support**
More independent residents require less assistance
- ⑥ **Reduced injuries and improved efficiency**
Reducing physical strain and freeing up time
- ⑦ **Reduced sick leave, turnover and compensation claims**
Improved overall well-being and job satisfaction for caregivers
- ⑧ **Improved care and financial outcomes**
All this facilitates better quality of care at less cost to the care facility