

The skin must be **clean & dry**. Place the sensor **flat** on the skin.



Sacrum readings

Complete six (6) Provizio SEM Scanner readings at the positions shown in the figure.

Reading ① needs to be taken first in the location shown in the image. Readings ② to ⑥ do not need to be taken in the particular order shown.

- ① is taken just above the gluteal cleft, around S3 of the sacral bone.
- ② approximately 1.5 cm left of centre of reading ①
- ③ approximately 1.5 cm above of centre of reading ①
- ④ approximately 1.5 cm right of centre of reading ①
- ⑤ approximately 4.5 cm left of centre of reading ①
- ⑥ approximately 4.5 cm right of centre of reading ①

Provizio[®] SEM Scanner

Scanning **Sacrum** and **Heels**



Outer heel



Inner heel



Heel pad



Back of heel

Heel readings

Complete four (4) Provizio SEM Scanner readings for the assessable heel (one heel at a time) as shown in the 4 images. The order of the scans on each heel is not relevant, but at least 3 scans need to be taken for a Δ delta to show.

Lateral (outer) side of heel

- Take one (1) reading on the lateral side of the assessable heel positioned around the calcaneus.
- Avoid placement on the lateral malleolus.

Medial (inner) side of heel

- Take one (1) reading on the medial side of the assessable heel positioned around the calcaneus.
- Avoid placement on the medial malleolus.

Heel Pad (sole of the heel)

- Take one (1) reading on the heel pad (sole of the heel) of the assessable heel pad from the back edge of the heel.
- **Avoid scanning** if the area is calloused.

Back of heel

- Take one (1) reading on the back of the heel around the calcaneus for the assessable heel.
- Avoid placement on the achilles tendon.